

## Thetis Island Health Services Information and Contacts List

Provided by Forbes Hall Health Services Group

This information (with live links) is also available on [thetisposts.ca](http://thetisposts.ca) on the righthand side under Health Services.

### EMERGENCY RESPONSE - IN AN EMERGENCY CALL 9-1-1

- Response by the Thetis Island Volunteer Fire Department – First Responders in coordination with BC Ambulance Service paramedics.
- Injuries – examples include broken bones, head injuries, cuts, burns, etc.
- Critical Health Issues – examples include trouble breathing, chest pain/pressure, severe pain, heavy bleeding, signs of stroke – face, droop, arm/leg weakness and difficulty speaking, asthma attacks, allergic reactions, etc.

### ISLAND HEALTH CLINIC AT FORBES HALL

Erin Van Wieren – Nurse Practitioner

To book an appointment:

- Call the Medical Office Assistant, Kari, at **1-250-739-5700** extension: **54814** to book an appointment, Mondays through Thursdays.
- If you are unable to contact Kari this way: please call the number of the main clinic which is: 250-739-5784 and someone will help you to book an appointment.
- Appointments are available on-site at Forbes Hall on Tuesdays, and virtually on Thursdays.

Note: Tuesday Same-Day Appointments:

Even if Erin VanWieren is not your Primary Care Provider, and you have a developing medical issue that is not an immediate emergency but that you do want a primary care provider to assess, call Kari at **1-250-739-5700** ext. **54814** and book a SAME DAY appointment. Two appointments are held each Tuesday for these types of appointments, last in the morning, and last in the afternoon.

### PRIMARY CARE REGISTRATION

If you do not have a family doctor, register to be listed.

You will be listed and will be contacted when a local, available Nurse Practitioner or Family Doctor is taking new patients.

- The Online Registration Form Link: <https://www.healthlinkbc.ca/health-connect-registry/cowichan>
- Call **8-1-1** to access by phone.
- Call **7-1-1** to access by phone for the deaf or hard of hearing.

#### COMMUNITY PARAMEDIC:

Vinh Pham 1-250-210-0449

Available for wellness checks,  
blood pressure checks and other assistance.

Please have your primary care provider put in a referral, or  
call Vinh for more information.

#### SOCIAL WORKER:

Marcela Y. Mrnka, RSW – Social Worker

Cowichan Primary Care Network

250-436-0314

[marcela.mrnka@islandhealth.ca](mailto:marcela.mrnka@islandhealth.ca)

### FORBES HALL VIRTUAL CARE CENTRE

For those who need a safe, private space with WiFi, and a device if needed, to meet virtually with their care provider.

Access the following information online via the following links:

- Online Booking Form: <https://forms.gle/Nds1DqZmkJCed6Uv7>
- Health Care Station Calendar:  
[https://calendar.google.com/calendar/embed?src=c\\_3m4ehbt7f2bnkkk552jq2mpjik%40group.calendar.google.com&ctz=America%2FVancouver](https://calendar.google.com/calendar/embed?src=c_3m4ehbt7f2bnkkk552jq2mpjik%40group.calendar.google.com&ctz=America%2FVancouver)
- Access Information:  
<https://docs.google.com/document/d/1PYvcNVHSd6faa3tGLEK7No8Mycwan4Oz6yGq6ITNomo/edit?usp=sharing>

*Note: Virtual Care is provided via smartphone or computer due to image capabilities, therefore it is not available via a landline. If you are not connected digitally, please have a family member or close friend assist you.*